

5th February –Fifth Ordinary Sunday

Job 7:1-4

1Cor 9:16-19

Mk 1:29-39

"They brought to Jesus all who were sick or possessed with demons"

Who do you take your troubles to? Jesus' disciples freely brought their troubles to him because they found him ready and able to deal with any difficulty, affliction, or sickness which they encountered. When Simon brought Jesus to his home, his mother-in-law was instantly healed because Jesus heard Simon's prayer. Do you allow Jesus to be the Lord and Healer in your life, family, and community? Approach him with expectant faith. God's healing power restores us not only to health but to active service and care of others. There is no trouble he does not want to help us with and there is no bondage he can't set us free from. Do you take your troubles to him with expectant faith that he will help you?

Jerome, a 3rd century church father, applies the lesson of the healing of Simon's mother in law to us:

"Can you imagine Jesus standing before your bed and you continue sleeping? It is absurd that you would remain in bed in his presence. Where is Jesus? He is already here offering himself to us. 'In the middle,' he says, 'among you he stands, whom you do not recognize' (cf. John 1:26). 'The kingdom of God is in your midst' (Mark 1:15). Faith beholds Jesus among us. If we are unable to seize his hand, let us prostrate ourselves at his feet. If we are unable to reach his head, let us wash his feet with our tears (cf. Luke 7:38). Our repentance is the perfume of the Savior. See how costly is the compassion of the Savior. Our sins give off a terrible odor; they are rotteness. Nevertheless, if we repent of our sins, they will be transformed into perfume by the Lord. Therefore, let us ask the Lord to grasp our hand. 'And at once,' he says, 'the fever left her.' Immediately as her hand is grasped, the fever flees."

The mighty works and signs which Jesus did demonstrate that the kingdom of God is present in him. These signs attest that the Father has sent him as the promised Messiah. They invite belief in Jesus as the Son of God and Savior of the world. The coming of God's kingdom means defeat of Satan's kingdom. Jesus' exorcisms anticipate his great victory over "the ruler of this world" (John 12:31). What do we know about Satan and the evil spirits or demons? We know that the ancient serpent who seduced our first parents (Genesis 3:1-5) is called "Satan" or the "devil" (Revelation 12:9). The devil and the other demons were created naturally good by God, but they became evil by their own doing (2 Peter 2:4). They irrevocably rejected God and his reign. Milton in his great poem, Paradise Lost, describes Satan's defiance: "Better to reign in hell than to serve God." John Damascene, an 8th century church father said: "There is no repentance for the angels after their fall, just as there is no repentance for men after death." While Satan may act in the world out of hatred for God and his kingdom in Christ Jesus, and may cause grave injuries of a spiritual nature and indirectly even of a physical nature, his power is nonetheless limited and permitted by divine providence (Romans 8:28). Jesus offers freedom from bondage to sin and Satan. There is no affliction he cannot deliver us from. Do you make full use of the protection and help he offers to those who seek him with faith and trust in his mercy?

"Lord Jesus Christ, you have all power to heal and to deliver. There is no trouble nor bondage you cannot overcome. Set me free to serve you joyfully and to love and serve others with a generous heart. May nothing hinder me from giving myself wholly to you and to your service."

Catholic Church of the Holy Trinity



5 February 2012

20 Tampines Street 11
Singapore 529455

Website: www.holytrinity.org.sg

Parish Priest:	Fr. Edward Lim	Tel: 6784 1211
Asst. Priests:	Fr. Albert Ng	Tel: 6784 3190
	Fr. Paul Ngo Thanh Phong	Tel: 6784 6418
Parish Staff:	Mr. Francis Wee	Tel: 6784 2332
	Ms. Nancy Goh	Fax: 67865042
Kindergarten:	admin@holytrinitykindergarten.edu.sg	
Principal:	Mrs. Shirley Tan	Tel: 67874651
		Fax: 67837559

MASS SCHEDULE

Saturday:	6:30am; 5:00pm (Novena); 6:00pm (Sunset Mass)
Sunday:	6:45am; 8am(Mandarin); 9:30am; 11:15am & 6pm
Weekdays:	6:30am & 6.00pm
Public Holidays:	9.00am only
2nd Saturday:	7:30pm (Mass in Tagalog)

Readings for the Week

Mon 6 th Feb	1Kgs 8:1-7	Ps 131:6-7	Mk 6:53-56
Tue 7 th Feb	1Kgs 8:22-23	P 83:3-5	Mk 7:1-13
Wed 8 th Feb	1Kgs10:1-10	Ps 36:5-6	Mk 7:14-23
Thu 9 th Feb	1Kgs11:4-13	Ps 105:3-4	Mk 7: 24-30
Fri 10 th Feb	1Kgs11:29-32	Ps 80:10-15	Mk 7:31-37
Sat 11 th Feb	1Kgs12:26-32	Ps 105:6-7	Mk 8:1-10

INFANT BAPTISM is celebrated at 4:00pm in the Chapel on the Third Sunday of every month. Parents and Godparents are required to come for a preparatory session. Please register at the parish office.

CHURCH CLEANING (Willing Hands)

Volunteers are needed - Every Wednesdays & Saturdays at 9:00am.

WEDDINGS: Arrangements for a Church wedding should be made at least six (6) months in advance. This would give the couple adequate time to attend either a Marriage Preparation Course (MPC) or an Engaged Encounter Weekend (EE). Application forms and booking of wedding date at the parish office.

FREE LEGAL AID CLINIC - Please contact parish office: 6784 2332.

FREE COUNSELLING SERVICE (Psychology)- Please contact parish office:6784 2332

Neighbourhood

Tampines SCC – Bible Sharing Wednesday 8 th February, 8:00pm at the home of Vincent & Betty, Blk 267 Tampines St 21, #05-25. All are welcome. Enquiry contact David @ 96474563.	Simei SCC – Rosary Prayer Thursday 16 th February at 8:30pm at the home of Mr & Mrs Cyril Gomes, Blk 109 Simei St.1 #03-712. All are welcome. Enquiry: Daniel Tan h/p 97522402, website: www.simeisc.com
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HOLY FAMILY SHRINE - will be at the home of Alex & Lolita D'Souza, Blk 704 Bedok Reservoir Road #04-3608 from 6th to 12th February 2012 @ 8:15pm (Sunday - 2:30pm). For enquiries contact Susan Tan @ 91195909.

MONDAY 6th February - Holy Hour: 'Sons & Daughters of God, The Father' @ 8:00pm in the Chapel. All are welcome!

Christian Meditation : "Be still and know I am God". Learn to meditate @ 8:00pm in Room 16 every Monday. All are welcome.

TUESDAY 7th February - Charismatic Prayer Community: Mass celebrated by Fr Timothy Yeo at 8:00pm in the chapel. All are welcome.

Prayer for Priests - every Tuesday @ 5:00pm in the chapel. All are welcome.

FRIDAY 10th February - Divine Mercy Devotion @ 8:00pm. in the chapel. All are welcome.

SATURDAY 11th February - Tagalog Mass @ 7.30pm in the main church.

DIACONATE ORDINATION - Bro Aloysius Tan who was with us will be ordained Deacon on 6th February 2012 in Ipoh, Malaysia.

Bro Samuel Lim will also be ordained Deacon on the 11th of February 2012 at St Bernadette Church Singapore. We remember them in our prayers as they were with us in their Pastoral Training.

PRE is back! 8th - 11th March 2012 at Parish Hall. Come explore what it means to be a Catholic & experience a new way to look at your faith. It's free of charge & organized with love by the parish community. Registration is now open to all baptised Catholics of more than 3 years and above 18 years of age. Sign up or simply find out more details at the PRE registration corner @ Church entrance.

IGNITE (Holy Trinity Young Adult Community) - Calling young adults! Ever felt life is too challenging, and things can't seem to be any worse? Join us for a film screening & reflection on How God's Grace can lift you out of anything! Topic: Nothing is impossible for God! Facing our giants. Speaker: May. Time: Saturday, 3:00pm onwards. Date: 11th February. Location: Holy Trinity, 3rd floor, Youth Room. For more information contact Jasmine: 81133802.

SIGN LANGUAGE COURSE in Holy Trinity Church starting on 12th February 2012, (14 sessions) from 2:30pm to 4:30pm. If you are interested please contact Linda Lim: 90179657 or email: linlim56@yahoo.com.

EVERGREEN POTLUCK on Saturday, 18th February @ 8:00pm. Bring a home-cooked meal and come dressed in pink.

IGNITE (Holy Trinity Young Adult Community) - Dear young adults, have you ever felt life is a meaningless routine with no purpose or direction? You searched everywhere but still can't fill the emptiness in your heart? Come and discover there is more to life than this! Discover your True identity in Christ! Retreat: Jesus, Who am I? Discovering your Identity in Christ! Dates: 2nd March, 7:30pm Friday to 4th March 5:00pm Sunday. Retreat Master: Sister Christine. Cost: \$45. Register by 26th February via email ignite.ht@gmail.com, Contact Jasmine: 81133802.

MEDIA MAKAN - Ordering What's Good For You: Today, we are all communicators! Come and learn from media expert, Dr. Eugene Gan, the key to producing and consuming media with a Catholic view. The talk is free and open to all ages. Light refreshments will be served. Date: Thursday, 9th February 2012; Time: 7:00pm-8:30pm; Place: Catholic Archdiocesan Education Centre (CAEC), 2 Highland Road, St. Peter's Auditorium, 2nd Floor. Register by 3rd February at <http://registration.catholic.org.sg>

FUNDRAISING BY ST ANTHONY'S CANOSSIAN SECONDARY SCHOOL on 11th and 12th February for their school rebuilding under the MOE's PRIME development. They have another \$1.2 million to raise before 2013. Kindly give them your support.

IN AND AROUND ARCHDIOCESE - Come Let us adore Jesus : Saturday 11th February (11:00am – 5:00pm) to Sunday 12th February (1:30pm - 5:00pm) at Church of the Holy Spirit. Fr Antoine Thomas, an engaging and inspiring speaker at many International Youth events and Eucharistic Congresses will cover these topics 'Gift of the Eucharist, Adoration brings Transformation, How to Lead Children's Holy Hour.' Workshop specially for parents, catechists, youth coordinators. Register on line at: www.adorejesus.com Contact: Sr Angeline Lim (E: childreneucharisticadora@gmail.com)

JOYFUL PARENTING WORKSHOP FOR PARENTS-TO-BE - Come and be enriched with informative and practical sessions on caring for your baby! Saturday, 11th February, 2:00pm to 6:00pm; 22 Sin Ming Lane, #08-81 Midview City; \$15 per person or \$25 per couple (includes refreshments and a goodie bag worth \$50). Register by SMS to 9271 3335.

STRENGTHENING THE CHRISTIAN FAMILY IN THE MODERN WORLD - This workshop uses the insightful 1981 Apostolic Exhortation of Blessed Pope John Paul II to empower families for a better family life. Saturday, 18th February, 9:00am to 1:00pm CAEC (2 Highland Road) Registration Fee: \$10 per person. • Register online at familylife.sg or call Veronica 6488 0278.

SERIES OF TALKS AND RETREATS BY MARGARET SILF (retreat director, author and speaker on Ignatian spirituality, from the UK) from 18th – 29th February 2012. For details, visit www.catholic.org.sg/cisc. To register, contact tel: 6467072 or email cisc.igevents@gmail.com

CHOICE WEEKEND February 24th to 26th 2012 – It takes the 1 weekend that will inspire the rest of your 2012 year. How will your year ahead be like? Young adults 18-35 years old, come away for a Choice Weekend – it is by the choices we make that we define what our life is all about. Visit www.choice.org.sg or email registration@choice.org.sg, enquiries: Dawn 98803093, Albert 90462297.

DAY OF PRAYER - "Stepping Stones to the Sacred Within Us - a journey into Lent" Held at FMM House of Prayer, Holland Road. Date: 25th February 2012, Time: 8:30 am to 5:00 pm. Open to Single women 23 yrs and above. Contact : vderoza@yahoo.co.uk psusant@gmail.com RSVP by 11th February 2012.

RETRouvaille - A Lifeline for Troubled & Hurting Marriages: If you are serious about making your marriage work, this programme could be worthwhile for you. Weekend date: 23rd to 25th March 2012. For confidential enquiry, Tel: 6749 8861 / 6423 9756 / 6445 1375. Online registration: www.helpourmarriage.sg.

CATHOLIC NEWS, the newspaper of the Singapore archdiocese, is looking for a fulltime REPORTER/SUB-EDITOR to report on local Church news and help edit/lay out stories. He/she must have journalism experience and knowledge of the Catholic Church, including local Church affairs. Please send full resume, expected salary and samples of published work to: cncareer@catholic.org.sg